



# Welcome to HealthCare Partners!

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HealthCare Partners (HCP) and your Primary Care Physician (PCP) work closely together to provide additional medical benefits and services to you—at no cost! We are able to provide these resources to you since your PCP is part of HCP’s Independent Physician Association and we contract with your health plan. We can put you in touch with expert resources in your community to get you the help and care needed.

## HCP can work with your doctor to help with your day-to-day needs.

### For example, we can:

- ✓ Set up doctor appointments
- ✓ Connect you with specialists in your area
- ✓ Teach you about your medical condition
- ✓ Help you get medications and care
- ✓ Guide you in making a treatment plan
- ✓ Educate you on how to stay healthy

## HCP has programs to help you manage your overall health, such as:

### Social Work & Behavioral Health Department

This team provides care and support to address the non-medical needs that affect your well-being, such as mental health disorders, substance use, and food insecurity. Whether you are dealing with feelings of depression or having to decide whether to buy medication or groceries, we are here to help. We can also connect you to free community resources available to you.

### Case Management

This program is designed to work in partnership with you, your doctor(s), and other health care providers to support your ongoing healthcare needs. Our team consists of doctors, nurses, social workers and care coordinators.

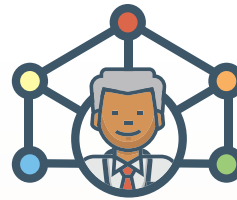
Once you agree to participate in and enroll for this program, you will receive:

- ✓ One-on-one guidance to help with your day-to-day healthcare questions and needs
- ✓ A Case Manager to work closely with you and your primary care physician to make sure you get the proper care and services needed and available to you

### Love my Lifestyle: Chronic Disease Program

This program provides individualized support for patients with Diabetes and High Blood Pressure or Heart Failure and High Blood Pressure. If you have these chronic conditions, you may be asked to join our voluntary Heart Smart or Diabetes Care programs, with goals to:

- ✓ Improve your quality of life
- ✓ Empower you to better manage and monitor your chronic conditions
- ✓ Help you understand your treatment plan and find personal solutions to meet your health challenges



Our teams can access community support services that can help you gain control of your overall wellness, such as:

- Mental health illness
- Active substance abuse
- Medicaid entitlements
- Concerns for abuse
- Long-term care planning
- Food insecurities
- Housing concerns
- Transportation
- And more!*

## Important Contact Numbers *For additional information, please call:*



### Case Management

Line:

(888) 258-0309



### Social Work & Behavioral Health Line:

(855) 427-4744



### Patient Assistance Line (PAL) for general questions:

(866) 685-8996